

## Supplementary File 2

<b>The Student Social-Ecological Resilience Measure (Student-SERM)</b>		<i>Type</i>
<b>Family support</b>		<i>Scale</i>
SER6	Family support and protection	<i>Ordinal</i>
SER7	Family know a lot about me	<i>Ordinal</i>
SER13	Talking about my feelings with family	<i>Ordinal</i>
SER18	Family back me through hardships	<i>Ordinal</i>
SER25	Sense of security with family	<i>Ordinal</i>
<b>Peer support</b>		<i>Scale</i>
SER15	Support from friends	<i>Ordinal</i>
SER19	Friends back me through hardships	<i>Ordinal</i>
SERpeer	Talking about my feelings with friends	<i>Ordinal</i>
<b>Cultural attunement</b>		<i>Scale</i>
SER10	Spiritual beliefs	<i>Ordinal</i>
SER11	Ethnic background	<i>Ordinal</i>
SER17	Sense of belonging to the community	<i>Ordinal</i>
SER23	Participating in religious activities	<i>Ordinal</i>
SER24	Importance of serving the community	<i>Ordinal</i>
SER29	Enjoying my community's traditions	<i>Ordinal</i>
SER30	Being proud of citizenship	<i>Ordinal</i>
<b>Growth opportunities</b>		<i>Scale</i>
SER1	People whom I respect	<i>Ordinal</i>
SER2	Co-operating with people around	<i>Ordinal</i>
SER3	Importance of skill development	<i>Ordinal</i>
SER21	Opportunities to show my independence	<i>Ordinal</i>
SER26	Opportunities for development	<i>Ordinal</i>
SER27	Opportunities for doing	<i>Ordinal</i>
<b>University-specific subscale (USS)</b>		<i>Scale</i>
UNI1	Sense of belonging to university/department	<i>Ordinal</i>
UNI2	Having support to solve the university-related issues	<i>Ordinal</i>
UNI3	Co-operation with student association/societies	<i>Ordinal</i>
UNI4	Opportunities to develop skills at university/department	<i>Ordinal</i>
UNI5	Sense of contribution to the ends towards science and human development	<i>Ordinal</i>
UNI6	University contribution to physical health	<i>Ordinal</i>
UNI7	Sense of commitment to educational responsibilities	<i>Ordinal</i>
UNI8	University teachers support	<i>Ordinal</i>
UNI9	Ability to resolve and follow administrative issues at university/department	<i>Ordinal</i>
<b>Partnership</b>	<b>(1) Married (2)Casual partnership (3) No Partnership</b>	<i>Nominal</i>
<b>Partner support</b>		<i>Scale</i>
PAR1	Talking about my feelings to my spouse/partner	<i>Ordinal</i>
PAR2	Getting support from my spouse/partner during difficulties	<i>Ordinal</i>
PAR3	Enjoying my spouse/partner's culture and tradition	<i>Ordinal</i>

**Note:**

All the items are rated based on 1 to 5 Likert-type scaling, including never (1), low (2), somewhat (3), quite a bit (4), and a lot (5). There is no reverse Item.

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**The original measures may be found through the links below:**

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Resilience Research Centre. The Child and Youth Resilience Measure (CYRM) Youth Version. Dalhousie University, Canada; 2016. <http://www.resilienceresearch.org>.

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Resilience Research Centre. The Resilience Research Centre Adult Resilience Measure (RRC-ARM). Dalhousie University, Canada; 2016. <http://www.resilienceresearch.org>.

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**The Persian version of the instrument is accessible via contact with the corresponding author at [amini.m.ali@ut.ac.ir](mailto:amini.m.ali@ut.ac.ir)**

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