

Toward a unified understanding: A literature review of self-care conceptualization for the general population

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Table S1

References list containing the 24 studies regarding the final data set of the present study

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Note: ⁽¹⁾ Studies identified from databases, ⁽²⁾ Studies identified via complementary methods.

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Table S2

Systematization of data on quality assessment criteria from the eligible studies.

Reference		Meta-domains				Research design domains			Research conduct domains		Evaluation
Code	Authors (year)	Disclosure of research aims	Disclosure of funding	Disclosure of conflicts of interest	Disclosure of authors involvement	Research strategy	Disclosure of eligibility criteria	Theoretical grounding	Disclosure of data analysis procedures	Disclosure of all findings	
2	Chipu & Downing (2020)	YES	YES	YES	YES	Concept analysis	YES	NO	NO	YES	Minor concerns
3	El-Osta et al. (2019)	YES	YES	NO	YES	Pragmatic review of literature	YES	YES	YES	YES	No or minimal concerns
6	Godfrey et al. (2010)	YES	YES	YES	NO	Systematic review	YES	YES	YES	YES	No or minimal concerns
7	Godfrey et al. (2011)	YES	NO	NO	NO	Literature review	YES	NO	YES	YES	Moderate concerns / Unclear
8	Holguín-Lezcano et al. (2020)	YES	YES	YES	NO	Document analysis	NO	YES	YES	YES	Minor concerns
10	Høy et al. (2007)	YES	YES	NO	YES	Integrative review	YES	NO	YES	YES	Minor concerns
11	Jones et al. (2011)	YES	YES	NO	YES	Iterative literature search	YES	NO	YES	YES	Minor concerns
14	Lommi et al. (2015)	YES	NO	NO	NO	Narrative literature review	YES	YES	YES	YES	Minor concerns
15	Mailhot et al. (2013)	YES	NO	NO	NO	Concept analysis	YES	YES	YES	YES	Minor concerns
16	Martínez et al. (2021)	YES	YES	YES	YES	Concept analysis	YES	YES	YES	YES	No or minimal concerns
17	Marzband & Zakavi (2017)	YES	YES	YES	YES	Concept analysis	YES	NO	YES	YES	No or minimal concerns
18	Matarese et al. (2018)	YES	NO	NO	YES	Systematic review	YES	YES	YES	YES	No or minimal concerns

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21	Richard & Shea (2011)	YES	NO	NO	NO	Literature review	NO	YES	YES	YES	Moderate concerns / Unclear
22	Tulu et al. (2022)	YES	NO	NO	NO	Concept analysis	YES	NO	NO	YES	Moderate concerns / Unclear
23	Wilkinson & Whitehead (2009)	YES	NO	YES	NO	Literature review	YES	YES	NO	YES	Minor concerns

Note. Criteria and coding adapted from CAMELOT-informed assessment (Munthe-Kaas et al., 2024).